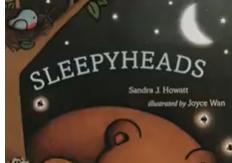
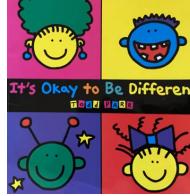
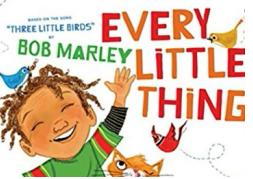


Toddler Lesson Plan: 1 and 2 Year Olds

Teachers: _____ Week of: July 27 – 31, 2020 Lesson Plan for: _____

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Music & Movement	Mommy and Me: https://www.youtube.com/watch?v=Xm0qiy8kydk&t=28s 	The Goldfish: https://www.youtube.com/watch?v=uCF3vBuxXS8 	Shake and Move: https://www.youtube.com/watch?v=l5RUzkySseE 	Freeze Dance: https://www.youtube.com/watch?v=2UczWXvgMZE 	We All Fall Down: https://www.youtube.com/watch?v=JRMApIlgTk 
Daily Activity	Science: Bugs in a jar Go on a walk to hunt for bugs. Ensure you have a container for each that you find. Allow your toddler to pick them out, if possible, help to collect them. When you get home, allow your toddler to observe the bugs through the container and help them name it. 	Health/Nutrition: Cook with Kids: Choose a simple healthy recipe to use as you and your toddler cook. Talk about the food you are using. Let your toddler taste and smell the foods as they work. Talk about what you're doing as per stirring, measuring, pouring, etc. as you do it. 	Art: Crayons Outside Bring crayons and paper outside. Secure the paper on the ground if possible. Allow your toddler to crayon on the paper to create textures on the paper. 	Fine Motor: Turning on a Flashlight: Give your toddler a flashlight to play with. Show them how to push the button to turn it on and off. Help them learn to move the button all by themselves and shine it around the room. 	Virtual Fieldtrip: How to Make Ice Cream https://www.youtube.com/watch?v=aPUL-HNI8eU 

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Math/ Literacy Activity	<p>Cereal in a Cup: At breakfast or snack give your toddler cereal, serve it in a cup or bowl with no milk. You toddler will probably dump it out. Now you and your toddler count the pieces of cereal 1-5 or 1-10. Once they are finished counting, your toddler can eat the pieces.</p> 	<p>Naming Others: Help your toddler learn the names of family and friends. Gather pictures of family and friends. Point to each person in the picture and name them and talk about how you know them. Continue as long as your toddler is interested.</p> 	<p>Counting in the Mirror: Stand in front of a mirror so that you and your toddler can see each other's mouth. Now count with your toddler. This allows them to have fun in the mirror but also get to focus on your mouth and how to say the numbers.</p> 	<p>Alphabet Boogie: https://www.youtube.com/watch?v=Y0z3uucsAF4</p> 	<p>No Cooking: Head to the kitchen and find 2 to 3 pots or pans that are different sizes that can nest inside of one another. Sit on the floor with your toddler and talk about the sizes, small medium and large. You can also use big and small, tiny and huge. Nest the pots and pans as you talk about it and have your toddler help you.</p> 
Gross Motor: <i>Let's Get Moving!</i>	<p>Jump off the Boat: Get a sheet or thin blanket and lay it on the floor like a thin boat. You and your toddler can stand in the boat and then jump out the boat.</p> 	<p>Toes Touch: Get your toddler to touch their toes in many ways. Show them how to stand and bend down to touch their toes with or without bending their knees. Have your toddler sit with their legs in front of them and reach for their toes.</p> 	<p>Walk and Carry: Encourage your toddler to get their favorite toy, doll, or truck. Have them walk around the house with it to work on the skill of keeping their balance while holding things.</p> 	<p>Hop Like a Frog: Pretend to be frogs with your toddler. Hop around the room or go outside. Outside you can hop around the yard, chase bugs, or hide behind trees. Ask your toddler to talk about what they are doing.</p> 	<p>Pull the train: Cut the front off a few empty\ boxes. Tie them together with string (or shoelaces) to make a train. Allow your toddler to fill the boxes with small toys. Then allow your toddler to pull the train around the house.</p> 

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Storytime	<p>Sleepyheads: https://www.youtube.com/watch?v=hMg80RmpmjC</p> 	<p>It's Okay to Be Different: https://www.youtube.com/watch?v=7EtevpudlXw</p> 	<p>What is for Supper: https://www.youtube.com/watch?v=Ouu7M2JjGmc</p> 	<p>Every Little Thing: https://www.youtube.com/watch?v=syU2KR9Wp1M</p> 	<p>Biscuit Loves the Library: https://www.youtube.com/watch?v=yKEF8pWQTPQ</p> 
Individualized Target Activities					