

Teachers:

Week of: June 1-5, 2020

Lesson Plan for:

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Music & Movement	Dance Freeze http://www.youtube.com/watch?v=2UcZWXvgMZE	Shake Your Sillies Out https://www.youtube.com/watch?v=NwT5oX_mqS0	Zumba Kids https://www.youtube.com/watch?v=ymigWt5TOV8&list=RD7JvkWXBY2eY&index=36	Shake Your Sillies Out https://www.youtube.com/watch?v=NwT5oX_mqS0	Clap Your Hands https://www.youtube.com/watch?v=C3c8fzbsfOE
Daily Activity	<p>Social/Emotional: Use picture of your child's family and friends to help them when they are upset or worried. If you are able to post pictures on wall at child's eye level. When your child is sad that a family member is leaving for work say, "I see that you are sad that your daddy is leaving for work. Let's find a picture of him to make you feel better. See? We can look at this picture whenever you want and you can look at it when you miss him." Also use pictures to talk about the family, fun moments or places, and to help them think about their family.</p>	<p>Health/Nutrition: Create a chart that lists handwashing steps and add pictures if your able: *Step up to the sink with help from parent. *Hold out hands to allow adult to squirt soap into them. *Scrub hands together: back, front, and between fingers. *Rinse hands and use paper towels to dry hands and turn off water.</p> <p><i>Talk through each step with your child as they complete it.</i></p> 	<p>Art: Provide your child with any kind of paint, water, paintbrush & paper or have them finger paint using ketchup and mustard if paint isn't available. Invite your child to paint with you. Work together with your child asking questions about what colors they are using or what they are making. Allow painting to last as long as they are engaged.</p> 	<p>Fine Motor: Use chalk to draw different types of lines on the driveway or sidewalk. Provide your child with a paintbrush and a small bowl of water. Demonstrate how to paint the water on the chalk lines. Allow them to paint the lines for as long as they are engaged, encourage them to find the end of the line.</p> 	<p>Virtual Fieldtrip: Let's have fun today! Take a Virtual Tour through the M&M factory to see how they create some of our favorite treats 😊</p> <p>https://www.youtube-nocookie.com/embed/GtfkemNzG_I?controls=0</p> 

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Break Time	<p>Cloud Wonder: Go outside with your child and lay in the grass looking at the clouds. Have your child describe what shapes or images they see in the clouds.</p>	<p>Ice Table Play Add ice to a bin with or without water, and some cups/containers for filling and dumping. Encourage your child to empty and fill the containers.</p> 	<p>My Name Write the 1st letter of your child's name on large piece of paper. Let your child trace the letter with glue. Let them pour sand on top of the glue. Have them find other things that start with the 1st letter of their name.</p>	<p>Surprise Bag Find 8 household items to put in a bag. Have your child feel around in the bag and guess what the items are one at a time. No peeking! Example items:</p> <ul style="list-style-type: none"> • Sock, spoon, toy car, crayon, small book, plastic card, etc. 	<p>Dance, Dance Turn on some of your child's favorite music and encourage them to dance with you! Dance with them for even more fun!</p> 
Math/ Literacy Activity	<p>Counting Fingers & Toes Help your child trace a picture of the child's fingers and toes. Help them count their fingers and toes.</p> 	<p>Finding Colors Have your child look for the color red in a children's book. Talk about the color and where they've seen it before. Count how many times the child can find the color on each page.</p> 	<p>The Hunt Go on a "hunt" around the house. Your child can hunt for animals, flowers, people, etc. (they could be real, stuffed, in pictures, etc.) Use a piece of paper to make a mark for each one you find. Add them up when you're finished and write the total number.</p> 	<p>How Many? Make number cards with dots to help your child recognize numbers 1 to 5. Let your child pull a card and say the number on the card. Count out that many pieces of cereal and eat them if possible. GO through all 5 cards. At the end of the activity help your child put the cards in order from 1 to 5.</p> 	<p>Number Actions Stack the number cards in a pile then encourage your child to pull a card. Give them a chance to recognize the number. (Remind them that they can count the dots.) Instruct them to jump, or clap that many times. Use your same number cards from yesterday to help with this math game.</p>

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Gross Motor Let's Get Moving!	<p>Tidy The Room: Throughout the day if there is a room that needs to be cleaned, invite your child to play follow the leader while cleaning up. Show your child the proper place for things and ask them to help you place the items there. Talk about what you are doing while you're putting items away. Praise child for helping or attempting to help.</p> 	<p>Kick Bowling: Set up empty plastic bottles like bowling pins and provide your child with a medium sized ball or rolled up tape/socks for a ball. Invite them to play kick bowling and demonstrate how to kick the ball to knock over the bottles. Talk about how many bottles they knocked over and where the ball rolled.</p> <p>DRILL 8  Kid kicks the ball into the cones to knock them all</p>	<p>Tidy The Room: Repeat activity from Monday adding a slow or fast song and seeing if you and your child can get the room picked up before the song is over.</p> 	<p>Kick Bowling: Repeat the activity from Tuesday. When your child knocks over some pins ask them to help you count the pins that fell. See how high they are able to count without help.</p> <p>DRILL 8  Kid kicks the ball into the cones to knock them all</p>	<p>Hide and Seek: Place one of your child's favorite toys in a hiding spot around the house. Encourage them to search for it and give them hints as to where the toy might be. Assist them when needed to help them be successful in finding the toy.</p> 
Storytime	<p>The Family Book by Todd Parr: https://www.youtube.com/watch?v=MIm_H01Z6Ss</p>	<p>Germs Are Not for Sharing by Elizabeth Verdick: https://www.youtube.com/watch?v=YCq3Ft_s-5s</p> 	<p>A Color of His Own by Leo Lionni: https://www.youtube.com/watch?v=Y8rab-HcTNO</p>	<p>The Case of the Missing Chalk Drawing by Richard Byrne: https://www.youtube.com/watch?v=QH8j69z23ZO</p> 	<p>Hide and Seek by Deborah Schechter: https://www.youtube.com/watch?v=d_o1M7pApul</p>
Break & Transition to Individual Activity Time	<p>The Feelings Song: https://www.youtube.com/watch?v=-J7HcVLsCrY</p>	<p>Germs for Kids, Wash Your Hands Song: https://www.youtube.com/watch?v=LaePayB_pC4</p>	<p>The Feelings Song: https://www.youtube.com/watch?v=-J7HcVLsCrY</p>	<p>Germs for Kids, Wash Your Hands Song: https://www.youtube.com/watch?v=LaePayB_pC4</p>	<p>The Goldfish (Let's Go Swimming) by Laurie Berkner: https://www.youtube.com/watch?v=Cg-wnQRHTs</p>

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Individualized Target Activities		Repeat Monday's Activity	Repeat Monday's Activity	Repeat Monday's Activity	Repeat Monday's Activity
Lunch Time	Let your child assist you in making lunch today, have them spread the peanut butter on the bread or count out how many apple slices each person gets.	Give your child a variety of chips on their plate. See if they can sort the different types of chips before eating them. Ask them why they sorted them in a certain way.	Create faces using different fruits of vegetables on the plate. Discuss the different parts of the face, eyes, nose, mouth. Then choose what they will eat first!	Talk to your child about where the vegetables you are having for lunch came from. Talk about what kind of plant they grow on and where in the world you can find them.	Fun Lunch! Plan a picnic outside with your child. Ask them to choose what you will bring and gather up what is needed. While outside talk about things that are the same colors as the food you're are eating!
Rest Time					
Outdoor Game Time	<p>Sack/Hop Race Use old pillowcases to conduct a sack race with your child in the grass or dirt. Be sure to show them where the finish line is. Make it fun by singing a different song during each race.</p> 	<p>Car Wash Gather a bin or large bowl and some rags to play car wash. Help your child "wash" a vehicle. (You can add soap if you want.)</p> <p>Talk to your child about lovebugs while washing the car. (-their color, wings, legs, etc.</p>	<p>Sack/Hop Race Obstacle Course Use old pillowcases to for sack race with your child in the grass or dirt. Be sure to show them where the finish line is. Use objects (chairs, balls, etc.) in your yard to make a small obstacle course.</p>	<p>Balancing Lay out a long string/rope or make lines with chalk to explore different ways to get across to the other side. You can pretend that they are walking across a bridge with water underneath. Examples: walking, crawling, jumping, skipping, etc.</p>	<p>Simon Says Play a game of Simon say with your child. Explain the rules: you only follow the action when you hear the words "Simon says" first. Take turns being Simon.</p>