

Teachers:

Week of: May 25-29th, 2020

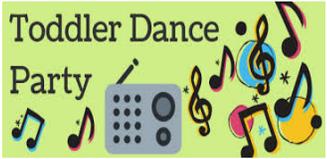
Lesson Plan for:

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Music & Movement	Listen and Move https://www.youtube.com/watch?v=j24_xH5uvdA&list=RD7JvkWXY2eY&index=6	Walking, Walking, Hop, Hop https://www.youtube.com/watch?v=r6cJB7k6eEk&list=RD7JvkWXY2eY&index=9	Zumba Kids https://www.youtube.com/watch?v=ymigWt5TOV8&list=RD7JvkWXY2eY&index=36	I Can Move My Body Like Anything https://www.youtube.com/watch?v=oLaJ4jyKBUY&list=RD7JvkWXY2eY&index=16	Hokey Pokey https://www.youtube.com/watch?v=iZinb6rVozc&list=RD7JvkWXY2eY&index=20
Daily Activity	Science: Fizzy Drips What you will need: A spoon, baking soda, food coloring, bowls, vinegar Put vinegar in 2-3 bowls. Add food coloring to the vinegar. Take another bowl with Baking Soda in the bottom. Give your child a spoon and have them drop a small amount of baking soda into the bowls with vinegar. Talk about the chemical reaction when you see the bubbles and try mixing colors to see what you can make. 	Health/Nutrition: Healthy Teeth Provide your child with an empty egg carton. Put shaving cream or crushed crackers in between the "teeth". Use dental floss or string and teach your child about how to floss and why it is good for your teeth. 	Art: Self Portrait Using chalk trace your child in the driveway or on the fence. Then give them the chalk and have them fill in the rest of their body. Talk about the different parts of their face and body. See if your child can also trace you on the driveway. 	Fine Motor: Fill and Dump Provide your child with some sand, dirt, or rice in a bowl and a small shovel. Place another empty bowl with a small toy in the bottom of it. Demonstrate for your child how to scoop the dirt with the shovel and bury the toy. Then show them how to uncover the toy with the shovel. Then bury several toys and see if your child can find a toy of a specific color in the dirt. 	Virtual Fieldtrip: Slime in Space https://youtu.be/aLWFcwzFetA This video shows what happens when astronauts take Nickelodeon SLIME into space! Enjoy the excitement with your child! 

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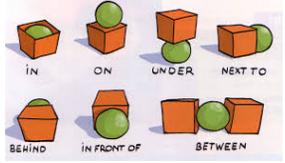
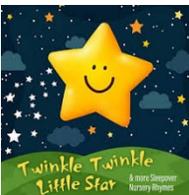
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Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Break Time	<p>Tape Peel</p> <p>Places different lengths of tape on the table different directions. Let your child practice using their fine motor skills by peeling the tape off.</p> 	<p>Mud Play</p> <p>Add some water to sand/dirt in a container. Then add some toy items to enhance the fun. Encourage your child to explore!</p> 	<p>Pouring Station</p> <p>Create a pouring station for your child to explore water. Put 1 inch of water in an empty tub to avoid spilling water. Items to include can be different size spoons, bowls, cups, bottles, etc. Encourage pouring and filling.</p> 	<p>Breathe with Me!</p> <p>Encourage your child to pretend they have a flower. Breathe in through their nose to smell the flower and blow out of their mouth to blow the petals.</p> 	<p>Dance, Dance</p> <p>Turn on some of your child's favorite music and encourage them to dance with you!</p> 
Math/ Literacy Activity	<p>Sound Matching</p> <p>Write your child's name on a piece of paper. Gather items that represent the same sound as each letter in their name. Ex. S A R A H (Items: Soap, apple, rag, apple, ham) Help your child match each item to a letter in their name.</p> 	<p>I Spy</p> <p>Tell your child "I see the color blue. Can you find something that color?" Walk around the house and find that color that you spy with your child. Continue the game with different colors or until your child loses interest.</p>	<p>Shape Match</p> <p>Cut out various shapes for an activity matching shape. Spread the shapes out on the floor or table. Tell your child which shape they need to pick up first. Then let them match it to the paper. For example, "Pick up the triangle and match it". Help them if they need it.</p> 	<p>Name Writing</p> <p>Provide a cup of water and encourage your child to write their name in water as many times as they want! **You can write their name and let them trace if they need a model.</p>	<p>Number Line</p> <p>Create a number line with numbers 1-10. Choose an item (ex. Shoes) to count and represent each number on the number line. Talk about each number's name.</p> 

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Gross Motor <i>Let's Get Moving!</i>	Obstacle Course Create an obstacle course around your house using small and medium sized items without sharp corners. Encourage your child to complete the obstacle course. 	Box Basketball Provide a ball and an empty box. Demonstrate how to throw the ball into the box and then see how your child can do it. See how far away your child can stand from the box and still make the basket.	Stacking Items Gather empty boxes, small cans, plastic cups, plastic bowls or anything else stackable. Show your child how to stack the items or build into a tower. See how high they can stack them without falling over. When they're finished count the objects in the tower.	Box Basketball Repeat activity from Tuesday. Replace larger box with smaller box and see if your child can still make a basket into the smaller box. Or have them put the ball in different positions. 	Outside Obstacle Course Repeat activity from Monday but create the course outside using different objects. 
Storytime	Little Blue and Little Yellow by Leo Lionni: https://www.youtube.com/watch?v=XoL89jvRFnk	The Tooth Book by Dr. Seuss: https://www.youtube.com/watch?v=mcOQFKJMyyQ	I Like Me by Nancy Carlson: https://www.youtube.com/watch?v=VbhUZPA6kwE	Wash Your Hands by Tony Ross: https://www.youtube.com/watch?v=ljNvF650WTc	If I Were an Astronaut: https://www.youtube.com/watch?v=9wV8yw7iV8w
Break & Transition to Individual Activity Time	Twinkle, Twinkle See last page for words and actions. 	Dancing Hands: (Child's name) hands are up and (Child's name) hands are down. (Child's name) hands are dancing All around the town. Dancing on my knees, Dancing on my feet, Dancing on my shoulders, And dancing on my cheeks (blow raspberries) Repeat	Hop, Skip, and Jump: Set up paper plates around the house or outside and have your child jump, skip and hop from one plate to the next	Alphabet Ball: Pass a ball back and forth calling out letters of your child's name.. 	The Wheels on The Bus: https://www.youtube.com/watch?v=e_04ZrNroTo

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Individualized Target Activities		Repeat Monday's Activity	Repeat Monday's Activity	Repeat Monday's Activity	Repeat Monday's Activity
Lunch Time	<p>Let your child help you prepare lunch today. They can help by stirring the food, setting the table, pouring drinks, etc.</p> 	<p>Identify the foods your child is eating, e.g. meat, vegetable or fruit and talk about the colors.</p> 	<p>Introduce a new food item to your child. Have a conversation about the food. (color, shape, size, hot, cold, etc.) Then ask them if they like it.</p>	<p>Talk about favorite foods and make plans to prepare it on Friday</p> 	<p>Take a blanket and your food outside and have a picnic with your child.</p> 
Rest Time					
Outdoor Game Time	<p>Bowling Use water bottles or cups to play an outdoor game of bowling. Stand the bottles or cups up and use a ball or rolled up tape/socks to roll and knock the items down.</p>	<p>Balancing Lay out a long string/rope or make lines with chalk to explore different ways to get across to the other side. You can pretend that they are walking across a bridge with water underneath.</p>	<p>Basketball Play a game of basketball with your child. You can use a clothes basket and rolled up socks if you don't have a basketball and hoop.</p> 	<p>Bug Hunt Use a piece of paper to tally how many bugs you found on your hunt. Count the tally marks and write that number on the paper. **Count to that number with your child. Let them</p>	<p>Bowling Use water bottles or cups to play an outdoor game of bowling. Stand the bottles or cups up and use a ball to roll and knock the items down.</p> 

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Lesson Plan for:

Twinkle, Twinkle

Twinkle, twinkle, little star.

Adult and child face each other and recite, wiggling and touching the tips of each other fingers.

What a wonderful child you are!

Adult and child smile at each other.

With bright eyes and nice round cheeks

Adult traces child's eyebrows and cheeks.

A talented person from head to feet.

Adult gently taps child's head and feet.

Twinkle, twinkle, little star,

Adult and child face each other and recite, wiggling and touching the tips of each other fingers.

What a wonderful child you are!

Adult and child hug.