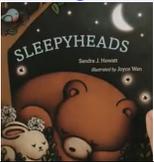


Teacher _____ Week of _____ Lesson Plan for: _____

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Music & Movement	<p>If You're Happy and You Know It: https://www.youtube.com/watch?v=71hqRT9U0wg</p> 	<p>Rolling from Back to Tummy 5 to 7 months: https://www.youtube.com/watch?v=EtermoVom0o</p> 	<p>Mr. Sun, Sun, Mr. Golden Sun: https://www.youtube.com/watch?v=hlzvrEfyL2Y</p> 	<p>Up, Up, Up: https://www.youtube.com/watch?v=Lrd0TiER_J0</p> 	<p>Baby Brain Play Songs: https://www.youtube.com/watch?v=BmA0-VvWFqw</p> 
Daily Activity	<p>Exploring Temperature: Get two empty bottles, in one put ice cold water and in the other put warm/hot water. Help your baby explore hot and cold by talking about how it feels.</p> 	<p>Sensory Bottle: With an empty plastic bottle or container, fill half with water and the other half with oil. Allow your baby to play with the bottle to watch the oil, and water try to mix together.</p> 	<p>Different Sounds: Give your baby a spoon, you can use his/her baby spoon or a spoon that you eat with. Find different things around your house for your baby to beat on to make different sounds. Such as pots, plate, chair, pillow, clothes, box, etc.) Discuss the different sounds with them.</p> 	<p>Feel and Find Box: Find baby-friendly items from your home and place them in a box (or container) that closes. Make a hole in the side and have your baby put his/her hand inside and pull out the items. Talk to your baby about what it is. If you use a container, just cover it with a blanket and let your baby pull the item out. (examples-brush, eating utensils, small toys, etc.)</p> 	<p>Virtual Fieldtrip: Farm Animals: https://www.youtube.com/watch?v=1_PpUAF2zEs</p> 

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Tummy Time Break	<p>Play Time: Place your baby on his/her stomach on a bumpy or a rolled blanket under them. Place a large bowl of small toys in front of them to play with.</p> 	<p>Steel Pan Drum: Put a steel baking dish under your baby's feet and let him/her kick the dish to make a sound.</p> 	<p>Story time: Place your baby on his/her stomach. Place a large bowl of small toys while you read their favorite story.</p> 	<p>Pitter-Patter Little Feet: Lay your baby on the floor with his/her feet against the wall. Play a song or sing a song and have your baby kick his/her feet against the wall.</p> 	<p>Water Play: Put a small amount of water in a baking dish with some toys. Lay your baby on his/her stomach in front of the dish to play in the water. <i>Be sure to not leave your baby alone with the water.</i></p> 
Math/Literacy Activity	<p>Exploring Shapes: Materials: Box and Shapes. Place shapes from around the house or cut out shapes into a cardboard box. Help your baby reach in to explore what's inside. Talk about the shapes to your baby. Count the number of items you explore.</p> 	<p>Dropping Shapes: Use the materials from Monday's activity, EXPLORING SHAPES. Invite your baby to practice dropping shapes, especially the shapes that make a noise when they land. Name the shapes for your baby before and after dropping them.</p> 	<p>Build a Tower: Gather a blanket and a few small pillows to take outside. Spread blanket and place pillows and your baby on blanket. You are going to make a tower with your baby. You can use pillows, plastic bowls, or blocks, or boxes or any item that stacks and is safe to stack. You can count the items as you stack each one and make your tower.</p> 	<p>Food Counting: Take your baby's favorite food item that you and your baby can count. Spread the food out then count each piece of food before your baby takes a bite. Recount how many are left before or after each bite.</p> 	<p>Reading: Read a story to your baby. Pick your favorite book or your baby's favorite book. Remember to talk about what you and your baby see on each page.</p> 

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Gross Motor: Let's Get Moving!	Bubble Fun: Place a blanket on the grass/ground. Sit your baby on the blanket or in your lap and blow bubbles! Watch as your baby's eyes follow the bubbles! 	Position Play: Place your baby in a position, on their back. Tickle or play with your baby's feet and arms. Change the position to your baby sitting up. Now gently tickle or play with their belly and nose. Keep changing your baby's position as you play. 	Baby See Baby Do: Do different motions and sounds as you play with your baby and see if you can encourage your baby to copy what you do. Stretch your arms up and say something silly or make a different voice to see if your baby will copy. Now try copying something your baby does. Repeat and take turns. 	Reach for it!: Hold toys in various positions to encourage your baby to stretch and reach for the toys. Your baby will practice using his hands and body to reach objects and will gain better balance for sitting. 	Wet Water: Give your baby a wet sponge or wet cloth. Encourage your baby to explore what happens when he/she rubs a wet sponge or cloth on different surfaces. 
	Storytime	When I Was a Baby: https://www.youtube.com/watch?v=YPk8wAfZLIU 	That's Not My Dolly: https://www.youtube.com/watch?v=XqXsuij5vgE 	Sleepyheads: https://www.youtube.com/watch?v=hMg80RmpmJc 	That's Not My Monkey: https://www.youtube.com/watch?v=it1NaAOtJ2Y 
Break & Transition to Individual Activity Time	Music: Gather some musical instruments or any items that make noise. Clap, stomp, and bang items to make music fun with your baby 	The Great Outdoors: Add variety to your baby's outdoor play by exploring different places. Simply crossing the street offers new opportunities for your child to explore. Be sure to talk about what you are doing and what you see. 	Faces: Name the part of your face your baby touches the moment they touch it. Allowing your baby to explore your face helps them to begin to connect the word they hear with the part of the face they feel. 	Gentle Tunes: As you care for your baby, look for ways to use gentle, rhythmic motions and words. For example, rock your baby, sing a tune that matches the chair's motion. Another example, after feeding, you might pat your baby's back while chanting, Burp, burp, burp, here comes the burp matching words to the pats on the back. 	Funny Faces: Think of face movements that will seem surprising or funny to your baby such raising your eyebrows, wiggling your tongue, or puckering your lips. Do these face movements & talk about them..... "I stuck out my tongue, did you see my pink tongue?". Smile and laugh with your baby. 

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Individualized Target Activities		Repeat Monday's Activities	Repeat Monday's Activities	Repeat Monday's Activities	Repeat Monday's Activities
Lunch	<p>Teething Biscuits: Mash a banana and mix it with your baby's oatmeal cereal with a little bit of olive oil and bake for a few minutes.</p>	<p>Smells for Lunch: As you prepare your baby's food talk about how the food smells. When you give them the plate, show them the foods you were talking about and explain the smells to them.</p>	<p>What's the difference?: Have your baby sample different soft fruits and vegetables and compare. Bananas, sweet potatoes, tomatoes, etc.</p> 	<p>What Are We Eating?: Talk about the food your infant is eating, the texture, the color, the smell.</p> 	<p>How Do We Eat?: Talk to your baby about the utensils used to eat with and how it is the same or different from yours.</p>
Rest Time					