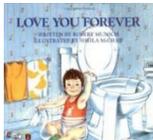


Teacher _____

Week of May 11-15, 2020

Lesson Plan for: _____

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Music & Movement	<p>Five Little Ducks: Dance around with your baby like a duck. Enjoy! https://www.youtube.com/watch?v=F2OpkQuOjig</p> 	<p>Row, Row, Row Your Boat: https://www.youtube.com/watch?v=XmOqiy8kydk Only view the first minute 0:00 – 1:15. See words below.</p> 	<p>Shake Your Sillies Out: https://www.youtube.com/watch?v=NwT5oX_mqS0</p> 	<p>The Grand Old Duke of York: https://www.youtube.com/watch?v=XmOqiy8kydk Only view the second minute 1:15 -2:02. See words below.</p> 	<p>Baby Shark: https://www.youtube.com/watch?v=FX20kcp7j5c</p> 
Daily Activity	<p>Mother's Day Family Pictures: Find pictures of all the women or mother's in your baby's family. Show the pictures to your baby and talk about the person and how they are related to you and/or your baby.</p> 	<p>Canvas Painting: Place large dots of paint or cooking oil with food coloring on paper and cover it with saran wrap. Sit your baby up in front of the paper to paint in a no mess way. This activity is helpful if they are sitting in a highchair. Put 2 colors on the canvas to make other colors: Red and blue = purple Yellow and red = orange Blue and yellow = green</p> 	<p>Flower Exploration: Use artificial flowers, or pictures of flowers in different colors and allow your baby to explore. Talk to your baby about the colors, what type of flower it is, where do flowers come from, how are they made or grown.</p> 	<p>Food Roll Up: Grab some fruit, snacks, or small sandwiches and foil. Cut foil squares and place the food inside and have your baby wrap the foil around the food. Tell your baby to be patient because they will get a chance to eat it for lunch.</p> 	<p>Virtual Fieldtrip: Blooming Flowers Timelapse: https://www.youtube.com/watch?v=pZVdQLn_E5w</p> 

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Gross Motor: Let's Get Moving!	Tug of War: Use a safe item to play with and tug on with your baby. Give your baby the item and gently pull the item away. See if your baby will try to grip the item more tightly or pull the item from you.	Tummy Tickle : Materials: Blanket. Can be done inside / outside. Place your baby on their back. Tickle your baby's tummy. Make silly sounds and repeat your baby's sounds as you play.	Shall We Dance, Mommy: Play mommy's favorite song. Dance with your baby. Show your baby some of your favorite dance moves. Then help your baby try the dance moves 😊 Tell your baby why you love the song.	Mommy, You are the Ketchup to My Mustard!: Materials: Paper, ketchup, mustard. Cover your baby's hands or feet with ketchup or mustard. Make hand or footprints on paper.. Tell your baby stories about your memories of your mother or any mother when you were younger.	Follow Mommy's Hearts: Create a trail / obstacle course using the hearts from the Matching Hearts activity. Crawl or walk with your baby helping to assist him/ her to the finish line!
Storytime	Mama Do You Love Me?: https://www.youtube.com/watch?v=TmaT6rIEgIk 	The Runaway Bunny: https://www.youtube.com/watch?v=bsYj1wu7u8k 	Love You Forever: https://www.youtube.com/watch?v=qbBXkrJBEu8 	Mommy Hugs: https://www.youtube.com/watch?v=ng3sjfwxAyk 	Kiss Kiss!: https://www.youtube.com/watch?v=P6lpVpLxj7Q 
Break & Transition to Individual Activity Time	Happy Mother's Day Dance: https://www.youtube.com/watch?v=RQ-h6WCVm6Q Dance to this sweet song with your baby.	I Spy: Describe items in the room and have your baby look or move to the object. Say, "I spy a yellow duck. Where is the yellow duck? Can you get it?"	Reach and Grab: Modify this game by putting the object in front of, behind, to the side of your baby and have your baby turn, reach, scoot, crawl, to get the item.	Mommy Loves ME!: https://www.youtube.com/watch?v=lqdFW6Evbxi Dance to this lovely song with your baby.	Peek-a-Boo: This fun game is played by covering your face with your hands then taking them away. Count the number of times as you do the activity.
Individualized Target Activities		Repeat Monday's activity.	Repeat Monday's activity.	Repeat Monday's activity.	Repeat Monday's activity.

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	<p>My Favorites: Allow your baby to taste your favorite foods (make sure they are safe and appropriate for them). Talk to your baby about why it's your favorite (the taste, smell, texture, etc.)</p>	<p>Banana Peel: Cut a banana with the peel left on in large slices to make circles. Place them in a bowl or on a plate and invite your baby to unpeel them and enjoy.</p> 	<p>Color Plate: Serve your baby for lunch a plate full of color. Such as: Orange- carrots, peaches Blue- mashed blueberries Red- mashed strawberries Green- peas Yellow- corn, bananas Purple- plums, prunes Talk to your baby about all the colors on their plate.</p> 	<p>Where Does Food Come From? Talk to your baby about the food on their plate and tell them where food comes from. Suggestions: "It comes from the grocery store or farmer's market and they get it from the farmers."</p> 	<p>Smells for Lunch: As you prepare your baby's food talk about how the food tastes. When you give them the plate, show them the foods you were talking about and explain the tastes to them. (sweet, sour, salty, crunchy)</p>
Rest Time					

Row, Row, Row Your Boat

(cross your legs and put your baby in your lap)

Row, row, row your boat, *(Rock forwards and backwards with your baby in your lap as you sing this verse)*
gently down the stream.

Merrily, merrily, merrily, merrily,
life is but a dream.

Rock, rock, rock your boat *(Rock side to side with your baby in your lap as you sing this verse)*
gently down the stream.

Merrily, merrily, merrily, merrily
life is but a dream.

Bounce, bounce, bounce your boat *(Gently bounce your baby up and down in your lap as you sing this verse)*
gently down the stream.

Merrily, merrily, merrily, merrily,
life is but a dream.

Oh, the Grand Old Duke of York *(with your baby on your lap)*

Oh, the grand old Duke of York, *(slowly bounce your baby up and down)*

He had ten thousand men,

He marched them up to the top of *(move your knees up, with your baby on top)*

The hill and he marched

Them down again. *(bring your knees down, with your baby on top)*

And when they were up they were up. *(move your knees up, with your baby on top)*

And when they were down they were down. *(move your knees up, with your baby on top)*

And when they were only half way up, *(move your knees halfway up, with your baby on top)*

They were neither up nor down. *(hold your baby up in the air)*