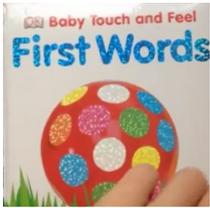
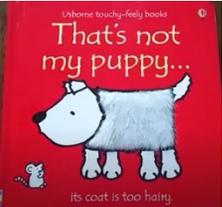


Teacher: _____ Week of: June 1st -5th, 2020 Lesson Plan for: _____

| Schedule | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|--|--|---|---|--|
| Music & Movement | Clap Your Hands: https://www.youtube.com/watch?v=C3c8fzbsfOE  | I've Got the Rhythm: https://www.youtube.com/watch?v=C2WJ2bWTV2g  | Hello, My Body: https://www.youtube.com/watch?v=gS_Mz3ekkck  | Head, Shoulders, Knees and Toes: https://www.youtube.com/watch?v=D3Vpnkwjblc  | Mommy and Me Time: https://www.youtube.com/watch?v=mzGTzdfznBk  |
| Daily Activity | Splash Play: Get a ceramic dish and put water in it. IF you have a dish with 2 compartments that would be great. Put water on both sides and add a little juice to the water on one side, to create colored water. Allow your baby to have fun in the water. | Bubbles, Bubbles, Bubbles: Blow bubbles around your baby and allow him/her to explore them by touching them and seeing them.  | Cloud Dough: Mix together 8 parts of flour and 1 part of oil. After mixing it will be dry, almost like mud but fluffy. You can add scented oil if you would like. Now allow your baby to play with the cloud dough and have fun.  | Making Faces: Get Dad involved! Lay on the sofa with your baby on your legs. Lift your legs to bring your baby closer to your face. Now make different faces with your baby and explain what kind of face it is.  | Virtual Fieldtrip: Robert Irwin's Virtual Australia Zoo Tour! https://www.youtube.com/watch?v=5YBRu5JFHmw  |
| Tummy Time Break | Mirror, Mirror on the Wall: Place your baby on their stomach. Sit a mirror in front of them. Talk to your baby about what they see in the mirror.  | Side Lying with Support: This is an alternative if your baby doesn't like being on his/her stomach. Place your baby on a blanket on his/her side, propped up using another blanket or towel for support. Also, place something soft under his/her head. Place a toy in front of your baby to reach and play with.  | Head Lifting: While your baby is laying on his/her tummy shake a rattle over your baby's head and move it up and down slowly while your infant lifts their heads to look at it.  | Find the Sound: While your baby is on his/her stomach, gently shake a bell (or rattle) over your baby's head. Then move the sound from one side of his/her head to the other. (Pause between each movement). See if your baby follows the sound.  | Room with a View: Hold your baby in your arms on his/her stomach and then walk your baby around the house to see the different rooms. Describe to your baby what the room is and why its needed and what's in the room.  |

| Schedule | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|---|
| <p>Math/ Literacy Activity</p> | <p>Stacking Towers: You and your baby can stack plastic bowls together, or blocks, or cups, or boxes, or pillows, or any items that are safe to stack. You can count the items as you stack each one.</p>  | <p>Peek-a-Boo: This fun game is played by covering your face with your hands then taking them away. This teaches your baby that even though he/she cannot see your face, you are still there.</p>  | <p>High-Five: This is a hand clapping game where you gently clap your hand together with your baby's hand. Count together each time your hands touch. Position your hands different ways each clap.</p>  | <p>Ice: Gather ice cubes and a tray or bin. Place the ice inside and allow your baby to explore. Count some of the pieces of ice with your baby. Talk about the color & shape. Talk about water cold/frozen. You can choose any item to place inside and explore with your baby. Make sure your baby's fingers do not get too cold while playing in ice.</p>  | <p>Counting to Ten: Count different items around the house with your baby. Then start over. Choose different or the same items to count again. Afterwards name the items that you two counted. Hold your baby or dance with you baby to have fun together.</p>  |
| <p>Gross Motor: Let's Get Moving!</p> | <p>Reach and Grab: In this fun game, you place an object in front of your baby so that your baby will have to reach for it. Move the toy closer to your baby if your baby is not able to reach or scoot or crawl close enough to grab the item.</p>  | <p>Rattle and Shake: In this fun game, you will fill any type of bottle with beads or rocks or anything that will make noise inside the bottle. Shake the bottle and sing a song to your baby. Then give the bottle to your baby! Move the bottle back and forth between the baby's hands (right hand then left hand).</p>  | <p>Kicking Fun: Lay your baby on his or her back. Tickle their feet and toes and get your baby to kick and move their legs. Sing a song or talk to your baby while you two play together.</p>  | <p>Parachute: Materials: A sheet & blanket. Grab a blanket and place it underneath you and your baby. Place some distance between you and your baby. Then use the sheet to create a parachute over you and your baby. Laugh and play with your baby. Do not leave the sheet on your baby's face.</p>  | <p>Roll, Roll, Roll the Ball: You can do this inside or outside. Roll a ball to your baby and see if they will roll it back! Or place the ball near your baby and see if your baby will crawl towards the ball.</p>  |

| Schedule | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|---|
| Storytime | <p>Baby Touch and Feel Farm: https://www.youtube.com/watch?v=5wgOYb5a444</p>  | <p>Baby Play: https://www.youtube.com/watch?v=QLG7MtlVnp0</p>  | <p>Baby's Touchy and Feely Book: https://www.youtube.com/watch?v=UPI3wQa5onM</p>  | <p>First Words Touch and Feel: https://www.youtube.com/watch?v=LqEcFrk054</p>  | <p>That's Not My Puppy: https://www.youtube.com/watch?v=E14qTRIF8EU</p>  |
| Break & Transition to Individual Activity Time | <p>Bubble Fun: Place a blanket on the grass/ground. Sit your baby on the blanket or in your lap and blow bubbles! Watch as your baby's eyes follow the bubbles! You can use water & dish soap to make your own bubbles.</p>  | <p>Water Fun: Can be done inside or outside. Fill a bucket, or bin, or small bowl with water. Place toys inside the water. Let your baby splash and play in the water as you talk to your baby about the different toys. Never leave your baby playing in or near water alone.</p>  | <p>Sing & Dance: Pick your baby's favorite song. Sing and dance with your baby. You can sing any song that your baby enjoys. You can sing the song once or you can sing the song twice.</p>  | <p>Play I Spy: Have your baby look for their favorite toy or book. Hide it on a shelf, or in a box near to them. Say, "I think your favorite book is in the box. Can you find it?"</p>  | <p>Stroll N' Roll: Put your baby in the stroller and play any song. Dance and have fun with your baby as you stroll and dance around the house or outdoors.</p>  |
| Individualized Target Activities | | Repeat Monday's Activity | Repeat Monday's Activity | Repeat Monday's Activity | Repeat Monday's Activity |

| Schedule | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|---|--|---|
| Lunch | <p>Cool Whip: Get your muffin pan and squeeze cool whip in each compartment and drop different color food coloring in each. Give your baby a spoon to eat. Talk to your baby about the color of each one.</p> | <p>Frozen Fruit: Allow your baby to help you put some pieces of fruit in an ice tray (your baby will probably want to eat some). Then put water in the tray and freeze. When it is frozen then allow your baby to eat one, two or three. This will feel good for your babies gum too!</p> | <p>Eat with my Hands: Encourage your baby to use their hands to eat finger foods. This allows your baby to practice their fine motor skills.</p> | <p>Fruit Mix: Get your baby's favorite baby food fruit and mix it with cereal and bake for a couple of minutes. It is similar to a biscuit.</p> | <p>After Lunch: Have your baby help with cleaning up lunch. If your baby can't reach the trash, have them place their trash in a larger container and you can throw it away.</p> |
| Rest Time | | | | | |