

Teacher: \_\_\_\_\_

Week Of: May 11<sup>th</sup>- 15<sup>th</sup>

Lesson Plan for: \_\_\_\_\_

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Music &amp; Movement</b>	<p><b>Going on a Bear Hunt</b>  <a href="https://youtu.be/5ShP3fiEhU">youtu.be/5ShP3fiEhU</a></p> <p><b>Copy &amp; Paste link to Youtube</b></p>	<p><b>This Mountain</b>  <a href="https://youtu.be/GRhwxQiuqZ4">youtu.be/GRhwxQiuqZ4</a></p>	<p><b>Go Bananas</b>  <a href="https://youtu.be/o6gHL1LJ-HQ">youtu.be/o6gHL1LJ-HQ</a></p>	<p><b>There was a Crocodile Song</b>  <a href="https://youtu.be/lkanoEmIcHM">youtu.be/lkanoEmIcHM</a></p>	<p><b>This Mountain</b>  <a href="https://youtu.be/GRhwxQiuqZ4">youtu.be/GRhwxQiuqZ4</a></p>
<b>Daily Activity</b>	<p><b>Science:</b>  <b>Go on a Rock Hunt</b>            Collect different sized, shaped and colored rocks. Investigate the rocks and sort them based on their characteristics.</p> 	<p><b>Health/Nutrition:</b>  <b>Camping Safety</b>            Discuss the safety precautions: <b>ALWAYS</b> wear a life jacket when on a boat. Wear bug repellent and sunscreen. <b>Do NOT</b> touch any bugs or snakes unless a grown up says it's ok to do so. <b>Do NOT</b> eat anything from bushes- discuss poisonous berries, etc. Campfires are fun, but we should not get too close and grownups should always put the fire out before leaving the campground.</p>	<p><b>Art:</b>  <b>Making Binoculars</b>            Materials needed: Paper towel tube or toilet paper rolls, string or yarn, scissors and tape. Cut the paper towel tube in half. Wrap the two halves of the tube with your tape of choice. Cut your string or yarn to the desired length and attach using the same tape. Let your child decorate their binoculars and go on a bear hunt.</p>	<p><b>Fine Motor:</b>  <b>Camping Sensory Play</b>            Provide your child with a cookie sheet or box with sand in it. Use paper to make tents and campfires. You can add rocks, leaves and twigs for more creativity.</p> 	<p><b>Virtual Fieldtrip:</b>  <b>Amazon Rainforest</b>  <a href="https://youtu.be/JEsV5rqbVNO">youtu.be/JEsV5rqbVNO</a></p> <p><b>Copy &amp; Paste link to Youtube</b></p> 
<b>Break Time</b>	<p><b>Listen with Eye Contact</b>            Children need to feel heard, especially when upset. Eye contact dramatically helps them feel that way. Allowing them to talk about how they are feeling will help make leaps and bounds toward calming down.</p>	<p><b>Take a Mental Vacation</b>            Help your child visualize a place they find relaxing. Have them close their eyes and picture somewhere they really like to go, such as the beach. Ask them what sounds they typically hear there and what the place smells like.</p>	<p><b>Tense and Relax to 5</b>            Have your child form their hands into fists and bring their shoulders to their ears. Count to five with them and then relax. Repeat five times. Try using props such as “squishy stress balls” to help exaggerate the motion.</p>	<p><b>Feather/Statue</b>            Have your child to pretend they are a feather floating through the air for about ten seconds. Freeze and transform into a statue. Then slowly relax as you transform back into the floating feather again. Repeat, until in a relaxed state.</p>	<p><b>Tense and Relax to 10</b>            Have your child form their hands into fists and bring their shoulders to their ears. Count to ten this time with them and then relax. Repeat three times. Try using props such as “squishy stress balls” to help exaggerate the motion.</p>

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<b>Math Activity</b>  <b>Gross Motor</b> <i>Let's Get Moving!</i>	<p><b>My Shadow and Me – Spatial Relationships and Shapes</b></p> <p>Go outside on a sunny day and have some fun with shadows! Ask questions: How do you think shadows are made? Can you touch someone's shadow without touching the person? Can you make your shadow disappear? Draw or show a shape and ask your child to use their body to make that shape: Here's a triangle. Can you use your body to make a triangle shadow? Can we work together to make the shape?</p>	<p><b>Campfire Rock Sorting</b></p> <p>Search for some rocks of different colors, shapes and sizes. Provide several cups or bowls. Have your child count and sort the rocks in the cups or bowls. Ex., small rocks in one cup, dark brown rocks in another cup. Have them count how many in each cup or bowl. Ask questions, which cup has the most rocks? Which cup has the least amount of rocks?</p> 	<p><b>Counting Sticks</b></p> <p>Go outside have your child collect some sticks in a bucket. While your child is collecting sticks, go ahead and start labeling tissue paper rolls 1-5 or 1-10 with a marker. Once they have collected the sticks, they will begin to match the number of sticks to the number on the tissue paper roll. Grab a few rocks to put in the roll just in case they fall over.</p> 	<p><b>Tree Tag</b></p> <p>Go outside! Tell your child it's their job to collect as many leaves as they can in one minute. Give them a small bucket or bag to place the leaves into. Set the timer for one minute and tell the child to come back when the buzzer goes off. When the child returns, help them count the leaves they found. Repeat! This time when the child comes back, count how many leaves they found the second time. Did they find more or less leaves the first time?</p>	<p><b>Counting and Cutting</b></p> <p>Counting, number identification and scissor skills! Get pieces of paper, a marker, and scissors. Write a number on each piece of paper. Depending on the level of your child. You can write 1-10 or 1-20. Have your child cut the same amount of lines as the number written on each piece of paper. Review the rules of holding scissors. Make sure you are sitting near while they are cutting.</p> <p>123 </p>
	<p><b>Cross the River</b></p> <p>Cut stone shapes out of paper. Write the numbers 1-10 on the stones. Use masking tape to define a river on the floor. Place the stones in random order inside the river. Place the number 1 stone on one side of the river and the number 10 stone at the opposite side. Have your child to jump from stone to stone in the correct order counting out loud as they cross the river.</p>	<p><b>Jumping Frogs</b></p> <p>Have children stand behind a line of stones. Then have them crouch down like a frog. They can jump over one or more stones. If you have more than one child, you can have them jump over each other.</p> 	<p><b>Corn Hole</b></p> <p>Use balls of paper or tin foil and throw them into a garbage can.</p> 	<p><b>Animal Yoga Poses and Moves</b></p> <p><b>Frog:</b> Start in a squatting position and leap up.  <b>Horse:</b> Gallop like a horse and move in all directions. Even try going backwards.  <b>Bird:</b> Have your child stick their hands in their armpits and flap their wings and fly around the yard.</p> 	<p><b>Build an Indoor Obstacle Course</b></p> <p>Build an obstacle course out of your own furniture and household items. Have your child move, around, under and through the items set up.</p> 

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Storytime	<p><b>Curious George Goes Camping</b>  <a href="https://youtu.be/4cNmFmMD9A4">youtu.be/4cNmFmMD9A4</a></p>	<p><b>Good Night Moon</b>  <a href="https://youtu.be/djEk8gTbTBg">youtu.be/djEk8gTbTBg</a></p>	<p><b>Pete The Cat Goes Camping</b>  <a href="https://youtu.be/Z9c8bKE7K44">youtu.be/Z9c8bKE7K44</a></p>	<p><b>Little Red Riding Hood</b>  <a href="https://youtu.be/17cnNJkqgIw">youtu.be/17cnNJkqgIw</a></p>	<p><b>Froggy Goes to Camp</b>  <a href="https://youtu.be/oBxJVsP3ves">youtu.be/oBxJVsP3ves</a></p>						
Literacy Activity	<p><b>What Do You Know About Camping?</b>            Ask questions... What do you need to pack when you go camping? Where do you sleep? What are some fun things to do while camping? What are some animals, you might see while camping? How can we protect ourselves from the sun and from insects? What type of insects can bite us? What types of food do we eat when we go camping?</p> <p><b>Camping Vocabulary Words:</b> camping, firewood, fishing, tent, flashlight, rowboat, life jacket, lake, campfire</p> 	<p><b>Takeout Takeaway</b>            Think of several camping items that happen to be compound words (e.g. campfire, waterfall). You will say, <i>“Compound words are big words that are made up of two smaller words. We’re going to play a game with compound words that are camp items, like the word, flashlight! When you take away the word ‘flash’ what is left of flashlight? Light! That’s right. Ex., campfire, firewood, backpack, watermelon</i></p> <p>Name: _____</p> <p>Compound Word Matching Game</p> <table border="1"> <tr> <td> rain bow</td> <td> bull dog</td> </tr> <tr> <td> lunch box</td> <td> back pack</td> </tr> <tr> <td> fire place</td> <td> foot print</td> </tr> </table> <p><small>©www.HundredTeaching.com</small></p>	 rain bow	 bull dog	 lunch box	 back pack	 fire place	 foot print	<p><b>What did you see Outside? -Write</b>            Invite your child to sit at a table with paper and crayons and to draw or write about what he saw outside. Ask your child to explain what he drew. Offer to write what he wants to note about his picture at the bottom of the page.</p> 	<p><b>Word Pairs</b>            Tell your child that you are going to play a word game in which you give him a word and he must think of a word to go with it. Provide your child a word and ask them to think of another word that goes with it. Switch roles every few words so that your child is providing you with a word and you are answering. <i>“What word goes with ‘CAMP’?” (he might say, “fire” or “tent”). Additional words to use: Fishing, Backpack, Sleeping Bag</i></p> 	<p><b>Surprise Backpack</b>            Fill a backpack or bag you have around the house with surprises which are sure to capture your child’s attention. Your bundle of sunshine will enjoy discovering a book, a coloring book, lacing objects, a puzzle, their favorite doll, flashlight, blocks in the backpack. Have a conversation about the items.</p> 
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<p><b>Lunch Time &amp; Transition to Individualized Activity Time</b></p>	<p><b>Sandwich Fly Swat</b>                  Cut some squares with rounded corners out of brown paper to resemble sandwiches. Write letters of the alphabet on the sandwiches. Provide a flyswatter to your child or your child can use their hand. Call out a letter and let your child swat the fly on the correct sandwich.</p>	<p><b>Add-A-Noise Campfire Game</b>                  During lunch pretend to sit around the campfire and choose someone to make a sound a cough, sneeze, whistle, snap, click, clap, stomp, etc. Have your child repeat that sound, adding another one, and so on.</p> 	<p><b>Make Trail Mix</b>                  Have your child come up with healthy snacks to put in their trail mix or just have them choose their favorite snack. Have your child measure and pour their snack items into a Ziplock then take with you on your camping scavenger hunt and animal track hunt.</p> 	<p><b>Make Fruit Kabobs</b>                  Have your child pick out their favorite fruits for the kabobs. Discuss the importance of eating fruits to keep us healthy.</p> 	<p><b>Be the Chef</b>                  Let your child use their imagination and create a healthy snack for camping. Discuss the healthy foods your child chose, the color and shape of the foods.</p> 
<p><b>Individualized Target Activities</b></p>		<p>Repeat Monday's Individualized Activity.</p>	<p>Repeat Monday's Individualized Activity.</p>	<p>Repeat Monday's Individualized Activity.</p>	<p>Repeat Monday's Individualized Activity.</p>
<p><b>Rest Time</b></p>					

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Outdoor Game	<p><b>Go on a Nature Walk</b>            Put a piece of tape on your child's wrist, sticky side out. Collect different materials from your nature walk to make a bracelet.</p> 	<p><b>Build a Campsite</b>            Use stuffed animals, sheets and chairs for a tent, make a pretend fire. Have your child come up with different ideas to add to your campsite.</p> 	<p><b>Camping Scavenger Hunt</b>            Have your child use their binoculars they made during their art activity to find different camping items (backpack, birds, rocks, tent, water bottle). You can use real camping materials or cut out pictures from magazines or sales ads for your child to find.</p>	<p><b>Go on an Animal Track Hunt</b>            Encourage your child to find different animal or insect tracks while on your Animal Track Hunt. Talk about the tracks they find (size, shape) and the animal that made them.</p> 	<p><b>Camping Alphabet Hunt</b>            Working together as a family, try to name one object in the yard or park that starts with each letter of the alphabet, starting with "a". For example, a for acorn, b for butterfly, c for campfire, etc.</p> 