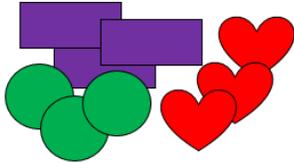
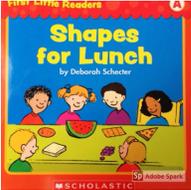
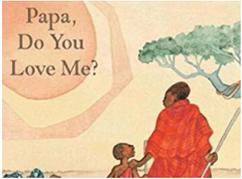


**Toddler Lesson Plan: 1 and 2 Year Olds**

Teachers: \_\_\_\_\_ Week of: July 13 – 17, 2020 Lesson Plan for: \_\_\_\_\_

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Music &amp; Movement</b>	<p><b>Body Boogie Dance:</b>  <a href="https://www.youtube.com/watch?v=cZeM18fPbvI">https://www.youtube.com/watch?v=cZeM18fPbvI</a></p> 	<p><b>Go Bananas:</b>  <a href="https://www.youtube.com/watch?v=PKyujhHQCfI">https://www.youtube.com/watch?v=PKyujhHQCfI</a></p> 	<p><b>Exercise Song Children:</b>  <a href="https://www.youtube.com/watch?v=-HLjxcrgiPg">https://www.youtube.com/watch?v=-HLjxcrgiPg</a></p> 	<p><b>Old Macdonald Have a Farm (Real Animals):</b>  <a href="https://www.youtube.com/watch?v=ISL_ite9aZk">https://www.youtube.com/watch?v=ISL_ite9aZk</a></p> 	<p><b>Walking Hop Song:</b>  <a href="https://www.youtube.com/watch?v=r6cJB7k6eEk">https://www.youtube.com/watch?v=r6cJB7k6eEk</a></p> 
<b>Daily Activity</b>	<p><b>Science: Shells and Sand</b>            Next time you go to the beach, collect shells of different sizes and shapes. Invite your toddler to play in the sand with the shells or play in the water with them next time they are bathing. Let your toddler play with these things in their own way. <i>*Be sure to monitor children around water.</i></p> 	<p><b>Health/Nutrition: Warm and Cold Foods</b>            Provide your toddler with food that is warm and cold and talk to them about the difference in the two by taste, temperature, color, size and texture. For ex.) oatmeal vs cold cereal cooked vs. raw carrots</p> 	<p><b>Art: Texture Coloring</b>            Find textured surfaces or items around your house. Allow your toddler to put paper over it and color on top. Textures such as sandpaper, jeans or bubble wrap work best.</p> 	<p><b>Fine Motor: Squeeze Toys</b>            Put a few sponges or sponge toys in a dishpan of water. Show your toddler how to squeeze a sponge and watch the water drip. Then help your toddler put water back into the sponge. Continue until they are no longer interested. Have towels ready for spills.</p> 	<p><b>Virtual Fieldtrip: The Beach</b>  <a href="https://www.youtube.com/watch?v=cPUNkkgD-ko">https://www.youtube.com/watch?v=cPUNkkgD-ko</a></p> 

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Math/ Literacy Activity</b></p>	<p><b>Paper Shapes:</b> Use paper from around the house – wrapping paper, colored paper, copy paper. Cut out shapes in various sizes. You and your toddler can sit together to name the shapes. Save the shapes for another activity.</p> 	<p><b>Reading the Box:</b> Next time you take a visit to your kitchen pantry, take your toddler with you. Take out the boxes of food and read the title to your toddler. Point to the words as you say it.</p> 	<p><b>Sort the Paper Shapes:</b> Using the shapes from Monday, you and your toddler can sit together and sort the paper shapes. You can sort by shape or size.</p> 	<p><b>Dress Up with Me:</b> Dress up with your toddler and explain to them what you both are wearing. E.g. if you have on a scarf, then say, "I am wearing a scarf around my neck that is blue and white."</p> 	<p><b>What's Next:</b> Use the eating utensils from the kitchen drawer. Create an AB Pattern, e.g. fork, spoon, fork, spoon, etc. Spread them out on the floor or table and make the pattern and then ask your toddler to help you finish the pattern and count all utensils.</p> 
<p><b>Gross Motor: Let's Get Moving!</b></p>	<p><b>Step Up and Step Down:</b> Practice walking up and down steps with your toddler. Watch how they walk up and down – using one foot or both.</p> 	<p><b>Step over the Line:</b> Make a line on the ground outside or inside. Use whatever you have on hand: chalk, broomstick, or clothes. Have your toddler practice stepping over the line made.</p> 	<p><b>Slide:</b> Take a quick trip to the park and let your toddler practice sliding down the slide and walk around to the steps, climb to the top and then slide down to the bottom again.</p> 	<p><b>Jump Up High:</b> Play music for you and your toddler to enjoy and encourage them to jump up as high as they can.</p> 	<p><b>Animal Exercise:</b> Sing the song, "Old McDonald Had a Farm" with a twist by naming the animals and acting out what the animal does. Such as: Snake will wiggle your body, elephant will put hands together and swing arms, frog will hop, duck will squat or waddle, chicken will flap arms.</p> 

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Storytime</b></p>	<p><b>Bear Sees Colors:</b>  <a href="https://www.youtube.com/watch?v=sgfToyCrCUA">https://www.youtube.com/watch?v=sgfToyCrCUA</a></p> 	<p><b>Yes Day:</b>  <a href="https://www.youtube.com/watch?v=bJYoYClazVE">https://www.youtube.com/watch?v=bJYoYClazVE</a></p> 	<p><b>Biscuit Puppy Read Aloud:</b>  <a href="https://www.youtube.com/watch?v=hPHt7SY_-q8">https://www.youtube.com/watch?v=hPHt7SY_-q8</a></p> 	<p><b>Shapes for Lunch:</b>  <a href="https://www.youtube.com/watch?v=YY6YGQy9fEE">https://www.youtube.com/watch?v=YY6YGQy9fEE</a></p> 	<p><b>Papa Do You Love Me:</b>  <a href="https://www.youtube.com/watch?v=wL9xKxLe-bU">https://www.youtube.com/watch?v=wL9xKxLe-bU</a></p> 
<p><b>Individualized Target Activities</b></p>					