

# CCRR

# Family Newsletter

May 2023 Issue #7

A QUARTERLY FAMILY ENGAGEMENT AND  
CHILD CARE RESOURCE NEWSLETTER



### May is Family Wellness Month School

- 1. Make Time to Play: Set aside 30 minutes a few days per week to do fun exercises with your kids.**
- 2. Walk or Bicycle Every Where you can: Use muscle power. Bike or walk to the grocery store or library. Use colorful stickers to chart progress.**
- 3. Sing and Dance While You Clean and do chores: Set aside time for household chores and do them together as a family. Play music as you clean, and take turns choosing favorite songs.**

<https://www.webmd.com/parenting/family-fitness-ideas>



### Do it Yourself Summer School

DIY summer schools can be a fun and engaging way for children to learn new skills, explore their interests, and socialize with other children during the summer break. Additionally, they can help prevent summer learning loss and keep children engaged in learning even when they are out of school.

Click here to find out more information and ideas regarding the DIY summer school.

<https://www.busykidshappymom.org/diy-summer-school/>



### Introducing the ECS Parent Resource Mobile App

Introducing the new ECS Parent Resource Mobil App! The ECS Parent Resource App is available for free on both the App Store and Google Play. It can be used by parents and other family members to access information on community resources and information pertaining to child care and early learning. Please download by scanning the QR codes or by visiting Google Play Store or the App Store .



GET IT ON  
Google Play



Download on the  
App Store



PRESENTS



# SCHOOL MAY STOP FOR SUMMER But Learning Never Should

SUMMER LEARNING



SUMMER LOSS



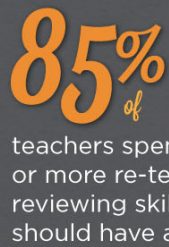
**76%** of teachers say it's "extremely important" to practice skills over the summer.



**84%** of teachers say students forget or "lose" some skills, knowledge or grade level equivalency.



**90%** of teachers say if kids keep learning over the summer, they'll be more successful in the long run.



**85%** of teachers spend 2 WEEKS or more re-teaching or reviewing skills students should have already learned.



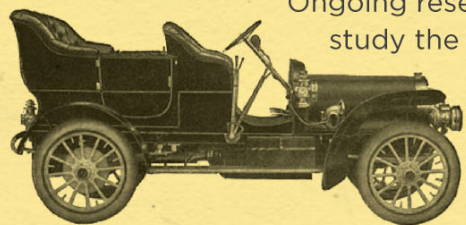
**95%** of parents say if kids keep learning over the summer, they'll be more successful in the long run.



**41%** of teachers spend 1 MONTH or more re-teaching or reviewing skills students should have already learned.



**75%** of parents wish educators would tell them more about summer learning loss and how to prevent it.



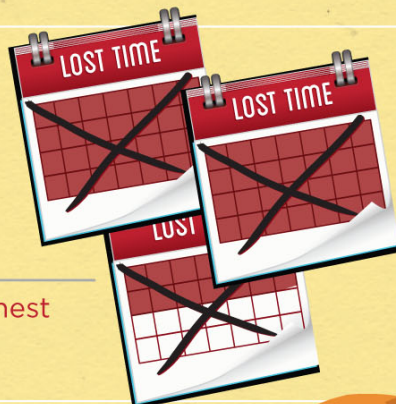
Ongoing research has been conducted to study the effects of summer loss since

# 1906

Research findings report

## 2.5 MONTHS

of average learning loss per student, the highest losses occurring in math and spelling.



### MIND the GAP

By 9th grade, summer learning loss could be blamed for roughly two-thirds of the achievement gap.

### IT STACKS UP

Summer learning loss is cumulative - students do not usually catch up in the fall. By the end of 6th grade, those who lose reading skills during the summer are on average 2 years behind their peers.





Parents,

don't forget that feeling prepared in August also provides students with a stronger sense of confidence and self-esteem in a new classroom.



# 7 Simple Tips

TO ENCOURAGE  
SUMMER LEARNING



**1** Use your resources! Contact your local library or museum to see what summer programs or events they have scheduled. Then, check out [www.ed.gov](http://www.ed.gov) to find lots of resources the Department of Education recommends.

**2** READ! There are tons of reading lists available online. Create your own incentive program at home and work through the list with your kids, rewarding them for milestones along the way!

**3** Employ “stealth learning” by finding learning opportunities in everyday activities, from cooking together in the kitchen to having children practice spelling and writing with to-do or grocery lists.

**4** Going on a vacation? Have your child help with online research, calculating driving time and gas mileage, or creating a vacation budget. This way math and critical thinking are applied to fun!



**5** Summer savings are cool! For children with a summer allowance, help them create a budget to save up for something they want. They'll love to watch their savings grow and get math reinforcement all summer long.

**6** Reinvent writing! Make writing practice fun with a pen pal, writing movie or book reviews, creating comic books, letters to soldiers, a play, documenting a family story, photo captions, etc.

**7** Graph everything! Charts and graphs can be applied to all kinds of simple tasks. Have students practice math skills by taking surveys and charting their results or finding one thing to graph every day.

