

CCRR FAMILY NEWSLETTER

JULY 2024



Summer Fun Activities

51 FUN FREE ACTIVITIES

Summer days can be long and fun-filled. Here are 51 summer activities for kids that will keep them entertained and engaged outside, inside, and at the park.

Sidewalk Chalk, Making a Bird Feeder or Scavenger Hunt are a few. To read the full article & see additional activities, please visit the website:

<https://www.weareteachers.com/summer-activities-for-kids/>

JACKSONVILLE AREA

Jacksonville Beach Moms have put together a list of their favorite fun & free things to do with kids.

Sunshine Park, Cradle Creek Preserve & Treaty Oak at DuPont Park, are just a few.

To read the full article & see additional activities, please visit the website:

<https://stsimoms.com/10-fun-free-things-to-do-in-jacksonville-with-kids/>



Healthy Habits

Learning new ways to be healthy can help children: Handle Stress Well, Make Healthy Choices & Relate to Others.

To read the full article & see additional activities, please visit the website:

<https://www.cdc.gov/healthyschools/features/healthysummer.htm>



Reminders

- Read to your children at least 30 minutes per week at home
- Practice your children's interests & talents 3 times per week
- Remember to limit your child's screen time. This includes TV & tablets

Upcoming

- Clay Back to School Bash: Aug. 2
- School Begins: Aug. 12
- Clay Co. Schools Begin: Aug. 13

