



# CCRR Family Newsletter



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## SPRING ACTIVITIES FOR FAMILIES

Spring is a fun time for kids to learn and play outside. In this article, you will find simple and exciting spring activities for kids to enjoy during spring. From gardening to making art and learning about nature, these activities are perfect for little ones to discover new things about the world around them.

To read the full article & see additional activities, please visit the website: [12 Springtime Activities for the Whole Family](#).

## HEALTHY HABITS FOR CHILDREN

Teaching your children healthy habits can help set them up for a lifetime of healthy living. It's essential to do this as early as possible. Kids learn fast. To view the full article please visit: [Tips to Support Healthy Routines for Children and Teens](#)

## TO-DO LIST

- ✓ Read at least 30 minutes per week at home
- ✓ Practice interests and talents 3 times a week
- ✓ Help children with math & reading at home

## EVENTS

**April 25**

St. Johns Community  
Baby Shower

**April 25**

Clay Touch A Truck

**May 16**

Putnam Community  
Baby Shower

